**10th Annual Co-Occurring Disorders Symposium**

***“Together Again!”***

January 26-28, 2022

Empire Event Center and Best Western, Rochester, Minnesota

Scheduled Presentations

Wednesday, January 26,2022 ***“Serving Veterans in Crisis from a Total Perspective”***

5:30-7:30 Hon. Judge Ross Leuning, JD, Stephen Lansing, PhD, MSW, LICW and Preston Selleck, JD

This presentation seeks to develop and assistance in addressing skills in working with the veteran population, many of whom are not getting the help they need due to a lack of understanding and available assistance. With that in mind, the presentation seeks to define the population, present the special needs of those individuals, and give practical tools and interventions that can be most helpful to those veterans in crisis.

*2.0 CEU/Clinical Content and Cultural Diversity*

Thursday, January 27, 2022 ***“The Assessment and Treatment of Co-Occurring Eating Disorders and*** 8:30-10:00 ***Substance Use Disorders”***

Alyssa Kalata, PhD

This presentation will discuss strategies for effectively assessing, conceptualizing, and treatment of co-occurring eating disorders and substance use disorders. Epidemiological data will be presented, and assessment strategies and case conceptualization will be discussed. Treatment interventions that can effectively target eating disorders and substance use disorders concurrently will then be reviewed.

*1.5 CEU/Clinical Content*

Thursday, January 27, 2022 ***“The Ethics of Harm Reduction: Do No Harm”***

10:15-11:45 Thad Shunkwiler, LMFT, LPCC

“Do No Harm”. These words are at the core of ethical practice for behavioral health clinicians. Yet in many instances, we simply practice “do less harm” through harm reduction strategies. This interactive workshop will examine how we can better understand the intersection of ethics and the science of harm reduction.

*1.5 CEU/Ethics*

Thursday, January 27, 2022 ***“Certified Community Behavioral Health Clinic (CCBHC) – What is it and*** 1:00-2:30 ***How Does It Improve Care and Access?”***

Scott Westbrock, MSW, LICSW

As part of the Protecting Access to Medicare Act, Certified Community Behavioral Health Clinics (CCBHCs) have moved from being a demonstration project with eight states to having more than 430 CCBHCs in 40 states, plus Washington DC and Guam. This presentation will define the CCBHC and the benefits, including how it helps address the addictions crisis.

*1.5 CEU/Policy and Clinical Content*

Thursday, January 27, 2022 ***“Understanding and Addressing Post Pandemic Trauma Impact”***

2:45-4:15 Kenneth Roberts, MPS, LPCC, LADC

Treatment professionals face a unique challenge in treating a global traumatic event (COVID-19 Pandemic). This presentation will define conceptualization of Pandemic Trauma and Stress Experience (PTSE), including differentiation of the clinical Posttraumatic Stress Disorder (PTSD), and examine existing evidence-based treatment strategies applicable for individual providers, clinical teams, and overall agency settings.

*1.5 CEU/Clinical Content*

Friday, January 28, 2022 ***“Treating the Unique Needs of Pregnant Women with Co-Occurring***

8:00-9:30 ***Disorders”***

Ann Lansing, MPH, BSN, RN, CARD and Mary Ann Kachelski, BSN, RN

Women with substance use and mental health issues may unexpectedly find themselves pregnant. These women are faced with important decisions that not only affect themselves but also their child. Pregnancy, by itself brings dramatic physical and emotional changes that are compounded by the adjustments of sobriety and early recovery. Being pregnant may motivate healthy change but also brings the challenge of life changing decisions. Medication assisted treatment options may be only one of those choices, but providers need to be prepared to address multiple life issues.

*1.5 CEU/Clinical Content and Cultural Diversity*

Friday, January 28, 2022 ***“Realistic De-Escalation and Crisis Intervention”***

9:45-11:15 Megan Schueller, MA, LPCC and Sgt. James Schueller

De-escalation and crisis intervention requires many tools. This training will review the concepts of crisis recognition, communication, and intervention skills to help diffuse and manage situations both in personal and professional settings. Participants will learn various tools to intervene in a crisis, reduce stress, and increase safety for those involved.

*1.5 CEU/Clinical Content*